

Curriculum Map Physical Education

Curriculum Intent

Our Physical Education curriculum aims to provide a broad and balanced program that enables every student to fulfil their potential, enhancing their physical fitness, and developing them holistically as well-rounded sportspersons whilst meeting the National Curriculum. We create an inclusive and stimulating environment where students can experience a wide range of PE and sport opportunities while recalling and building on prior knowledge to lay a foundation for lifelong engagement in physical activity.

Implementation - KS3 Core

Optimal categories of knowledge and skills run through our curriculum of different sports. In order for students to adequately retain and understand new information, they must connect it to information that they already knew. Therefore, our curriculum is sequenced in a way where students will cover a number of different sports across the year and also reconnect with those sports over the key stage, building on previous learning. All students will have an opportunity to experience all of the different sports we have on offer.

| | Boys | Girls | Mixed |
|-------------|---|--|--|
| Half Term 1 | Year 7 - Baseline Testing Year 8/9 - Cross Country Basketball Football | Year 7 - Baseline Testing Year 8/9 - Cross Country Netball Football | Year 7 - Baseline Testing Year 8/9 - Cross Country Dance Table Tennis |
| Half Term 2 | Dance Rugby | Basketball Dance | Football Basketball |
| Half Term 3 | Table Tennis Netball | Rugby Table Tennis | Fitness Badminton |
| Half Term 4 | Fitness Badminton | Badminton Fitness | Rugby Netball |
| Half Term 5 | Athletics Track Events Field Events | Athletics Track Events Field Events | Athletics Track Events Field Events |
| Half Term 6 | Orienteering Tennis Cricket Rounders | Orienteering Tennis Cricket Rounders | Orienteering Tennis Cricket Rounders |

Implementation - KS4 Core

Optimal categories of knowledge and skills continue to run through our curriculum in KS4 with a focus on the promotion of a healthy and active lifestyle through physical activity engagement. Activities are performed with competition or recreation in mind. Students can opt to follow a sequence of continued skill development into competitive scenarios or they can choose to take a more holistic approach to recreational involvement in sport and physical activity.

| | Boys | Girls | Mixed |
|--------------------|---|---|---------------------------------|
| Half Term 1 | Basketball / Netball | Netball / basketball | Recreational Games (Engagement) |
| Half Term 2 | Table Tennis | Badminton | Recreational Sport (Teamwork) |
| Half Term 3 | Football | Table Tennis | Recreational Racket Sports |
| Half Term 4 | Badminton | Football | Health & Fitness Development |
| Half Term 5 | Athletics Track Events Field Events | Athletics Track Events Field Events | Orienteering |
| Half Term 6 | Tennis Cricket Rounders | Tennis Cricket Rounders | Recreational Summer Games |

Implementation - KS4 Sport Studies

Sport Studies will encourage students to think for themselves about the study of sport and the application to real life practical sport, leadership and evaluation of the skills required there. They will study topics affecting sport through the contemporary issues' unit, both play and lead sporting activities, as well as having the chance to either explore the world of outdoor sport

| | R184 | R185 | R187 |
|-------------------|---|---|------|
| Y10 Term 1 | TA1: Issues which affect participation in sport | TA1: Key components of performance TA2: Applying practice methods to support | |

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|---------------------------|---|--|--|
| | TA3: The implications of hosting a major sporting event for a city or country | improvement in a sporting activity | |
| Y10 Term 2 | TA3: The implications of hosting a major sporting event for a city or country TA2: The role of sport in promoting values | | TA1: Provision for different types of outdoor and adventurous activities in the UK TA2: Equipment, clothing and safety aspects of participating in outdoor and adventurous activities |
| Y10 Term 3 | TA2: The role of sport in promoting values TA4: The role National Governing Bodies (NGBs) play in the development of their sport | | TA3: Plan for and be able to participate in an outdoor and adventurous activity TA4: Evaluate participation in an outdoor and adventurous activity |
| Y11 Term 1 | TA5: The use of technology in sport Revision Mock | TA3: Organising and planning a sports activity session TA4: Leading a sports activity session TA5: Reviewing your own performance in planning and leading of a sports activity session | |
| Y11 Term 2 | Revision Mock | Coursework Resubmission | |
| Y11 Term 3 | Exam | | |

Impact

In KS3, students are assessed on each sport at the end of each half term. They are given a numerical grade as well as verbal feedback on what they are doing well and what they need to further develop.

In KS4, there is no formal assessment in core PE but students are assessed on their attitude to learning.

In Sport Studies, students are assessed in the following way:

- Unit R184 - Externally assessed exam (40%)
- Unit R185 - Internally assessed coursework (40%)
- Unit R187 - Internally assessed coursework (20%)